

Curriculum Map

PHSE



Curriculum map: PSHE

Autumn	Half term 1 Sept – October	Half term 2 November - December
Weeks	7 weeks	7 weeks
Module	Rights, Responsibilities and Respect	Alcohol, Drugs & Substance misuse
Key learning questions and concepts	What is personal identity and why is it important? Respecting difference Understanding individual rights and responsibilities What is meant by peaceful protest?	Understanding the personal and health risks relating to use/misuse of legal and illegal drugs Addiction: the impact on self and others Understanding the laws related to drugs and alcohol
Skills and abilities	Links rights with corresponding responsibilities Develop knowledge and understanding of equality and diversity Recognising discrimination	Explore how different parts of the body are affected by drugs Develop knowledge of legal/illegal drugs Know laws relating to use and supply of drugs Recognise how addiction happens and the impact on individuals, relationships and lives.
Extension and independence	Linking learning - how protests and demonstrations (including extreme views) are reported by the media Student voice contributions	Take-away information Talk to Frank website DASH input offered
Executive functioning focus	Metacognition	Attention
Feedback tasks and assessment methods	Individual contributions to discussions Personal identity jigsaw Participation in 'difficult conversation' games Contributions to video production O & U steps	Individual contributions to discussion Quiz results Diagram labelling Matching activities/Cloze worksheets O & U steps
Links to broader curriculum content	ENG: Narrative writing/Biographies S4L: Communication skills PBL: Food Options: Wellbeing/Food tech	ENG: Informative texts: Media and advertising texts MA: Statistics/data/measure S4L: Resilience PBL: Media
Personal development and enrichment	Self-awareness & confidence Life skills – citizenship Guest speaker	Self-awareness (physical) Life skills – understanding the law Visit from Community Police Liaison officer
Celebration of achievement:	Sharing of video across sites/website Student 'Respect Charter' on website Cultural passport Displays	Exit Profile Cultural passport Newsletter Displays

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Spring	Half term 3 January - February	Half term 4 February - April
Weeks	6 weeks	6 weeks
Module	Managing personal risk	Money matters
Key learning questions and concepts	Managing online safety (including live streaming, image sharing and recognising hidden ploys to promote gambling) Resisting peer pressure: Gangs Positive risk: Managing social situations Risk assessment and basic first aid	Sources of income: wages/benefits/pensions Outgoings: Personal/family budgets The importance of saving The positives and pitfalls of Credit Money worries: the consequences of debt Online banking and payments: Scams/Phishing and security
Skills and abilities	Use of privacy settings/reporting issues Recognise financial exploitation and the risk of in-app purchasing/ chance related games Recognise and manage peer pressure/bullying Identify ways that extreme views are presented online	Confidence using financial terms/vocabulary Understanding the cost of living Understand and calculate simple interest Recognises influences on spending Considers potential causes of debt and suggests impact (individuals/families)
Extension and independence	Assessing risk in a range of contexts Opportunity to view media reports and comment/discuss Offers advice in alternative context Role play – emergency situations	Independent research Extended writing – complaints and enquiries Enterprise – tuck shop Money Sense resources NATWEST
Executive functioning focus	Working memory Self-regulation (emotion/impulse control)	Organisation Planning
Feedback tasks and assessment methods	Quiz results Mind mapping/worksheets Posters/leaflets Verbal contributions to discussion Participation in role play scenarios O & U stages	Budget planning Research findings Role play – consumer rights Reporting O & U stages
Links to broader curriculum content	ENG: Reporting/summarising/ Articles PBL: Media S4L: Staying safe	ENG: Formal/informal language: Letters MA: % calculation in context PBL: Media Options: Food tech/Tool box (costing)
Personal development and enrichment	Safe use of ICT Personal safety in the community Life skills – Basic first aid	Life skills – value for money/consumer rights Problem solving Money management – Tuck shop Visit to local banks/building societies
Celebration of achievement:	Exit Profile Cultural passport Newsletter Displays	Exit Profile Cultural passport Newsletter Displays

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Summer	Half term 5 April - May	Half term 6 May - July
Weeks	5 weeks	7.5 weeks
Module	Healthy Lifestyles	Relationships and Sex Education
Key learning questions and concepts	What is the link between physical and mental health? How to achieve a healthy balance Exploring influences on personal choices	Puberty and reproduction Sexual health and contraception How relationships impact mental health and wellbeing Managing emotions relating to relationships and puberty
Skills and abilities	Self-reflection/Target setting Self-care and prevention strategies Data analysis	Recognise healthy/unhealthy relationships Increase knowledge of sexual health and contraception Accessing support for relationships and sexual health
Extension and independence	Community fundraiser linked to topic (sponsored walk/bike ride) Internal competition Independent homework task (Fact finder research project)	Visit from school nurse/ sexual health professional Take-away information (leaflets/posters)
Executive functioning focus	Perseverance Task initiation Time management	Self-regulation (emotion/impulse control) Cognitive flexibility
Feedback tasks and assessment methods	Food diaries/exercise journals SMART Targets Posters/advice sheets Practical experiments/results O & U stages	Kahoot quiz results Mind mapping Diagram labelling Contributions to discussion topics O & U stages
Links to broader curriculum content	ENG: Articles/information texts MA: Statistics/data SCI: Energy PBL: Food/Media Options: Wellbeing/Food tech	S4L: Staying safe SCI: Cells and reproduction PBL: Olympics (competition/winning/losing)
Personal development and enrichment	Motivation / challenge Independent living skills External leisure opportunities	Emotional resilience Physical awareness Increased maturity in responses
Celebration of achievement:	Exit Profile Cultural passport Newsletter Displays	Exit Profile Cultural passport Message home