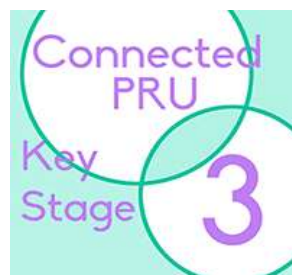




Curriculum Map

S4L Anger Management



Key stage 3 Curriculum map 2019-20

Subject: **S4L Group Work**

	Anger Management	Communication Skills
Weeks	6	6
Key learning questions and concepts	<p>To develop self-awareness: Evaluating personal tolerance levels and identifying triggers Linking action to reaction in a range of contexts Exploring techniques for self-control Reflection on past experiences and finding positive repair strategies</p>	<p>To speak coherently when communicating with familiar adults and peers To identify and use non-verbal signals when communicating To recognise how voice, pitch and tone impact communication in a range of contexts Make positive contributions to group discussion To express opinions and views on a topic and listen to the opinions and views of others To demonstrate flexibility of thought when considering alternative opinions and views To challenge an opposing opinion or view logically, in a clear and calm manner</p>
Skills and abilities	<p>To understand the physical and emotional process of anger To relate own physical responses to personal triggers To develop strategies for avoiding or managing situations that could result in anger To practice calming techniques for managing anger</p>	<p>Active and positive participation in group discussion Use of positive body language when communicating in a range of contexts Regulate voice, pitch and tone appropriately according to context Recognise that personal views are often different but all are valid Growing capacity to communicate in a clear and calm manner</p>
Extension and independence	<p>Self-regulation strategies evident in school Anecdotal evidence reported by student, parents or mainstream school</p>	<p>Positive interactions with staff and peers Engagement in communication activities (Theme of the week) (BYC) (Visitors) (Booking trips/telephone enquiries)</p>
Feedback and assessment	<p>Formative verbal feedback Individual responses to questioning Worksheets Skills builder/Onward and Upwards/Reach2Teach</p>	<p>Formative verbal feedback and individual responses to questioning Worksheets Skills builder/Onward and Upwards/Reach2Teach/Total Inclusion</p>
Links to broader curriculum content	<p>ENG: Self-reflection(Diaries) SCI: Energy and Forces PSHE: Rights, Responsibilities and Respect PBL: Tolerance / Triggers (working with others)</p>	<p>ENG: Sp&L – group discussion/writing - sentence starters PSHE: Rights, Responsibilities and Respect PBL: Working effectively with others</p>
Personal development and enrichment	<p>Development of self-control Participation in yoga/mindfulness activities in or out of school New hobbies/interests undertaken</p>	<p>Development of social communication and interaction skills Active participation in student voice activities</p>
Celebration of achievement:	<p>Rewards linked to personal success goals /Head of School commendation Exit profile report Display of work</p>	<p>Rewards linked to personal success goals /Head of School commendation Exit profile report Display of work</p>

