

Self Harm Learning Networks

What is a learning network?

Join other education professionals across your area in a learning network to support young people and children who self-harm. Facilitated by West Sussex Mind, YMCA Downslink Group and supported by Allsorts Youth Project, this new initiative is to help you help children and young people who are self-harming.

Why should I attend?

You will have an opportunity to network with other professionals to hear what is working for them, discuss your support needs, hear from guest speakers and get updates on the latest initiatives, research, resources and policies. You will be able to improve your understanding and skills to prevent and respond to self-harm, increase your confidence in having conversations with pupils, parents and carers, and understand when and where to refer pupils.

All school staff supporting young people are welcome to attend including teaching assistants, mental health leads, SENCOs, counsellors and school nurses.

Dates and times:

East Sussex Primary Schools	Wednesday 22nd September	15:00 - 17:00
East Sussex Secondary Schools	Wednesday 29th September	15:00 - 17:00
West Sussex Primary Schools	Tuesday 12th October	15:00 - 17:00
West Sussex Secondary Schools	Tuesday 19th October	15:00 - 17:00
Brighton and Hove Primary Schools	Wednesday 17th November	15:00 - 17:00
Brighton and Hove Secondary Schools	Tuesday 23rd November	15:00 - 17:00

How do I book my place?

Please reserve your place via the West Sussex Mind Eventbrite page at www.westsussexmind.eventbrite.com or scan the QR code. If you are not able to attend on the day, part of the network event will be recorded and made available afterwards, so book your place now to ensure that you receive the link.

If you have any questions, please contact the West Sussex Mind Training Team on 07468 516818 or email training@westsussexmind.org.

